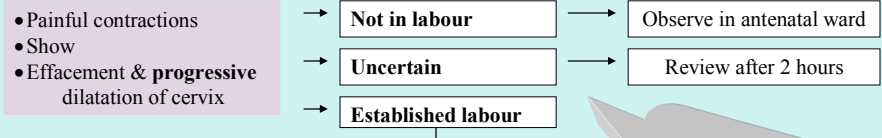


# Management of Uncomplicated labour



Identify risk factors by,

- Review antenatal records.
- Detailed clinical history
- Examination
- Urine for protein

Transfer to the labour suite

- Avoiding faecal soiling
- Shaving of perineal hair
- Oral fluids
- IV access
- Left Lateral recumbant position

Admission CTG to be done in all three groups and interpreted before decision is made (Y)

**Monitoring by Partogram**

Progress of labour

- Cervical dilatation
- Descent of the presenting part
- Uterine contractions

Maternal condition

- Pulse, BP, Temperature & hydration.
- Evaluation of drugs (oxytocin, antibiotics, Anti hypertensives, Analgesics)
- Undistended bladder-catheterize if indicated

Fetal condition

- Intermittent auscultation of fetal heart
- Liquor volume
- Meconium in liquor

**Routine care in labour suit**

Maintain Partogram\*(X)

**Pain relief**

- Opioid -Pethidine
- Regional analgesia-Epidural
- Other-spinal analgesia
- Combined spinal-epidural analgesia
- Inhalational analgesia-Entonox
- Pudendal block for episiotomy/forceps/vacuum

Second stage of labour

**Positioning**  
Most comfortable position  
Supine position-avoided

**Second stage**

**Descent phase-**  
-Not to bear down  
-Fetal heart assessed every 15 mints

**Expulsive phase-**  
-Encourage to bear down  
-Fetal heart assessed after each contraction

**Delivery**

**Diagnosis**

- ✓ Vaginal examination for full dilatation
- ✓ Perineal distention
- ✓ Anal dilatation

**Episiotomy**  
- Medio-lateral Episiotomy  
At the time of crowning

Delivery

Third stage of labour

1. Oxytocics

2. Cord clamp

**Third stage**

**Active management**

3. Controlled cord traction

4. Examine the placenta

5. Observation for signs of

- Haemorrhage
- Utrine fundal level
- Evidence of collapse
- Respiratory difficulty
- Unusual behaviour
- Abdominal pain

Post-partum

**Monitoring**  
Mother should be closely monitored in the labour room for at least two hours

All steps in the management of labour should be documented in the bed head ticket

All steps in the management of labour should be carried out under aseptic conditions